

The Psychological Maltreatment of Women Inventory (PMWI)

The PMWI is a 58-item test designed to measure the extent and nature of abuse toward women in a relationship. The questionnaire below is given to women survivors of abuse. The version for male perpetrators includes identical behaviors but reverses the pronouns and direction of abuse. This questionnaire is not scored, but rather provides the professional with a starting point when working with a client.

Women's Scale Items

How often, if at all, did the behavior described in each item occur within the past 6 months?

	Never	Rarely	Sometimes	Frequently	Very Frequently
1. My partner criticized my physical appearance.					
2. My partner insulted me or shamed me in front of others.					
3. My partner treated me like I was stupid.					
4. My partner was insensitive to my feelings.					
5. My partner told me I couldn't manage or take care of myself without him.					
6. My partner criticized my care of the children.					
7. My partner criticized the way I took care of the house.					
8. My partner said something to spite me.					
9. My partner brought up something from the past to hurt me.					
10. My partner called me names.					
11. My partner swore at me.					
12. My partner yelled and screamed at me.					
13. My partner treated me like an inferior.					
14. My partner sulked or refused to talk about a problem.					
15. My partner stomped away during a disagreement.					
16. My partner gave me the silent treatment, or acted as if I wasn't there.					
17. My partner withheld affection from me.					

	Never	Rarely	Sometimes	Frequently	Very Frequently
18. My partner did not let me talk about my feelings.					
19. My partner was insensitive to my sexual needs and desires.					
20. My partner demanded obedience to his whims.					
21. My partner became upset if dinner, housework, or laundry was not done when he thought it should be.					
22. My partner acted like I was his personal servant.					
23. My partner did not do a fair share of household tasks.					
24. My partner did not do a fair share of childcare.					
25. My partner ordered me around.					
26. My partner monitored my time and made me account for where I was.					
27. My partner was stingy in giving me money to run our household.					
28. My partner acted irresponsibly with our financial resources.					
29. My partner did not contribute enough to supporting our family.					
30. My partner used our money or made important financial decisions without talking to me about it.					
31. My partner kept me from getting medical care that I needed.					
32. My partner was jealous or suspicious of my friends.					
33. My partner was jealous of other men.					
34. My partner did not want me to go to school or other self-improvement activities.					
35. My partner did not want me to socialize with my female friends.					
36. My partner accused me of having an affair with another man.					
37. My partner demanded that I stay home and take care of the children.					
38. My partner tried to keep me from seeing or talking to my family.					
39. My partner interfered in my relationships with other family members.					
40. My partner tried to keep me from doing things to help myself.					
41. My partner restricted my use of the car.					

	Never	Rarely	Sometimes	Frequently	Very Frequently
42. My partner restricted my use of the telephone.					
43. My partner did not allow me to go out of the house when I wanted to go.					
44. My partner refused to let me work outside of the home.					
45. My partner told me my feelings were irrational or crazy.					
46. My partner blamed me for his problems.					
47. My partner tried to turn our family, friends, and children against me.					
48. My partner blamed me for causing his violent behavior.					
49. My partner tried to make me feel like I was crazy.					
50. My partner's moods changed radically, from calm to angry, or vice versa.					
51. My partner blamed me when he was upset about something, even when it had nothing to do with me.					
52. My partner tried to convince my friends, family, or children that I was crazy.					
53. My partner threatened to hurt himself if I left him.					
54. My partner threatened to hurt himself if I didn't do what he wanted me to do.					
55. My partner threatened to have an affair with someone else.					
56. My partner threatened to leave the relationship.					
57. My partner threatened to take the children away from me.					
58. My partner threatened to have me committed to a mental institution.					

Source: Tolman, R.M. (1989). The development of a measure of psychological maltreatment of women by their male partners. *Violence and Victims* 4(3), 159-177. In Center for Substance Abuse Treatment's Treatment Improvement Protocol (TIP) Series 25, 1997.

<http://www.samhsa.gov/preventionpathways>