

Prevention Pathways

Online Courses

The CAGE Questionnaire

1. Have you ever felt you should **C**ut down on your drinking?
2. Have people **A**nnoyed you by criticizing your drinking?
3. Have you ever felt bad or **G**uilty about your drinking?
4. Have you ever had a drink first thing in the morning to steady your nerves or to get rid of a hangover (**E**ye opener)?

Scoring: Responses on the CAGE are scored 0 for "no" and 1 for "yes, with a higher score indicating alcohol problems. A total score of 2 or greater is considered clinically significant.

Source: Ewing, J.A. Detecting alcoholism: The CAGE Questionnaire. *JAMA* 1984, 252:1905-1907.

<http://www.samhsa.gov/preventionpathways>